

📁 Physical Education  
PE and the special needs child.

📁 Adolescents/Sexuality  
Explaining the facts of life can be very difficult, this package offers information and advice.

📁 Adult Issues  
Transition from high school to the workplace; Disabilities Benefits; wills & estate planning; information on representation agreements; PLAN (Planned Life Time Advocacy Network).

The mission of ASBC is to educate and to create greater public awareness of autism and to support those with autism and their families. One of the ways ASBC fulfills its mandate is through the distribution of information. Reimbursement is not expected for these services but a donation is always very much appreciated and goes to cover the cost of photocopying and postage.

*Donations over \$10 are tax deductible*

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**Packages for  
Parents and  
Professionals**

Information Packages  
Information Packages

*These packages are for information purpose only. The Autism Society of BC does not endorse any one therapy or service provider but supports families and professionals making informed choices.*

Thank you to the Ministry for Children & Families for supporting the information Outreach work of ASBC.



# Information Packages

- ☞ Parent to Parent Package – Autism  
Provides information to parents of newly diagnosed children. Multiple copies available to diagnosticians.
- ☞ Parent to Parent Package - Aspergers
- ☞ Diagnosis  
Characteristics of autism in young children; Diagnostic & Statistical Manual (DSM4); diagnostic criteria.
- ☞ Advocacy  
The ifs and how tos of advocating for your child.
- ☞ Personal Profile  
The Personal Profile is a dynamic, individualized planning tool used to create profiles for individuals with autism.
- ☞ Therapeutic Approaches
- ☞ Applied Behaviour Analysis(ABA)  
An intensive early intervention program that focuses on developing communication and cognitive skills.  
cognitive skills
- ☞ Sensory Integration  
What is SI? Organizing and balancing the information received through the senses.
- ☞ Medications  
Guide to drugs & their uses.
- ☞ Vitamin Therapy & Dietary Intervention  
Vitamin B6 & Magnesium; DMG; Vitamin C and Melatonin; GFCF Diets
- ☞ Secretin  
What is Secretin and what does it mean for individuals with autism spectrum disorders.
- ☞ Behaviour Management  
Dealing with challenging behaviours and understanding the reason behind the behaviour.
- ☞ Transitions  
Strategies for creating smooth transitions.
- ☞ Toilet Training  
Strategies on toilet training.
- ☞ Strategies to Enhancing Communication  
Methods, ideas and tips for encouraging and building communication skills.
- ☞ PECS (Picture Exchange Communication)  
This strategy encourages the initiation of communication using pictures.
- ☞ Social Stories & Comic Strip Conversations  
Teaches appropriate social behaviours through pictures and scripts.
- ☞ BC Special Education Services Package  
Information on Ministry of Education's special education policies and the rights of the parents.
- ☞ IEP (Individualized Education Plan)  
A guide to planning and creating an individual plan for your child's school year.
- ☞ Educators Package  
Material on teaching strategies for individuals with autism spectrum disorder.
- ☞ Friendship  
Facilitating positive friendships for children with autism spectrum.



***These packages are available to parents, professionals and students and can be individualized.  
Additional information is available from the ASRC library***